

**STARTERS / APPETISERS** 涼盤

- Mix Appetisers£10.20
BBQ Spare Ribs (2), Chicken Balls (3), Vegetarian Spring Rolls (4), Prawn Toast (2) & Seaweed
- Salt & Chilli Special Mixed£12.60
Mini Spring Rolls (3), Chicken Balls (3), Salt & Chilli Shredded Beef, Salt & Chilli Spare Ribs (3), Salt & Chilli Chips, Seaweed, Pot of Sauce (Curry, BBQ or Sweet & Sour)
- Chicken Pancake Rolls (4)£3.80
- Sesame Prawn Toast (6)£5.70
- Seaweed (Vegetable Leaf)£5.00
- Seaweed & Sesame Prawn Toast (4)£5.60
- Satay Chicken Skewered (4)£6.20
- Smoked Chicken£6.20
- Pancake Rolls (2)£3.80
- Mini Spring Rolls (10)£3.90
- Crispy Aromatic Duck(1/4) £9.50
.....(1/2) £17.20
- Grilled Chicken Dumplings (6)£6.40
- Grilled Pork Dumplings (6)£6.50
- Pineapple Fritters£3.50
- Banana Fritters£3.50

SOUPS 湯類

- Chicken Noodle Soup£3.30
- Hot & Sour Soup£3.70
- Chicken Sweetcorn Soup£3.40
- Crab Sticks Sweetcorn Soup£3.40
- Won Ton Soup£3.80

🔥 Hot & Spicy 🥜 Contain Nuts
🌿 Vegetarian Dishes

**CHICKEN WINGS** 雞翅類

- Chicken Wings with BBQ Sauce£5.60
 - Chicken Wings with Honey Roast Sauce£5.60
 - Chicken Wings with Peking Sauce£5.60
 - Chicken Wings in Sweet & Chilli Sauce£5.60
- SALT & CHILLI DISHES** 椒鹽類
- Salt & Chilli Chicken£6.40
 - Salt & Chilli King Prawns£6.70
 - Salt & Chilli Squid£6.70
 - Salt & Chilli Chicken Wings£5.60
 - Salt & Chilli Spare Ribs£6.80
 - Salt & Chilli Shredded Beef£6.80
 - Salt & Chilli Chips£4.10
 - Salt & Chilli Tofu£5.90
 - Salt & Chilli Chicken Balls£6.50

RIBS DISHES 排骨類

- Barbecued Spare Ribs£6.70
- Peking Spare Ribs£6.80
- Honey Roast Spare Ribs£6.80
- Sweet & Sour Spare Ribs£6.70
- Sweet & Chilli Spare Ribs£6.80

SWEET & SOUR 甜酸類

- Sweet & Sour Chicken Balls (10)£6.40
- Sweet & Sour Chicken Balls (5)£3.50
- Sweet & Sour King Prawn Balls (10)£6.60
- Sweet & Sour King Prawn Balls (5)£3.70
- Sweet & Sour Chicken Cantonese Style£6.40
- Sweet & Sour King Prawn Cantonese Style£6.80

**RICE DISHES** (Large) 炒飯類

- House Special Fried Rice£6.60
- Mixed Meat Fried Rice£6.70
- Chicken Fried Rice£6.20
- Beef Fried Rice£6.20
- Roast Pork Fried Rice£6.20
- Ham Fried Rice£6.20
- King Prawn Fried Rice£6.60
- Shrimp Fried Rice£6.20
- Mushroom Fried Rice£5.60
- Mixed Vegetable Fried Rice£5.60
- Roast Duck Fried Rice£6.70
- Singapore Fried Rice£6.30
- Young Chow Fried Rice£6.20
- Pineapple Fried Rice£5.50
- Fried RiceSmall £3.60 Large £4.50
- Boiled RiceSmall £3.10 Large £3.80

CHOW MEIN DISHES (Noodles) (Large) 炒麵類

- House Special Chow Mein£6.60
- Mixed Meat Chow Mein£6.70
- Chicken Chow Mein£6.20
- Noodles with Chicken in Black Bean Sauce£6.70
- Beef Chow Mein£6.20
- Noodles with Beef in Black Bean Sauce£6.70
- Roast Duck Chow Mein£6.70
- Roast Pork Chow Mein£6.20
- King Prawn Chow Mein£6.70
- Shrimp Chow Mein£6.20
- Mushroom Chow Mein£5.90
- Vegetable Chow Mein£5.90
- Singapore Chow Mein£6.30

**VERMICELLI** (Rice Noodle) (Large) 米粉類

- House Special Vermicelli£6.60
- Chicken Vermicelli£6.10
- Roast Duck Vermicelli£6.50
- Roast Pork Vermicelli£6.10
- Vegetable Vermicelli£5.80
- Singapore Vermicelli£6.40

CURRY DISHES (Large) 咖喱類

- House Special Curry£6.10
- Chicken Curry£6.00
- Beef Curry£6.00
- Roast Pork Curry£6.00
- King Prawn Curry£6.40
- Prawn Curry£6.00
- Roast Duck Curry£6.70
- Chicken & Mushroom Curry£6.00
- Beef & Mushroom Curry£6.00
- Mixed Vegetable Curry£5.00
- Mushroom Curry£5.10

**CHICKEN DISHES** (Large) 雞肉類

- Roast Chicken Chinese Style£6.20
- Chicken & Mixed Vegetables£6.20
- Chicken with Green Pepper in Black Bean Sauce£6.30
- Chicken Szechuan Style£6.20
- Chicken in Satay Sauce£6.20
- Chicken & Cashew Nuts£6.20
- Chicken & Mushroom£6.20
- Chicken with Ginger & Spring Onion£6.20
- Chicken & Pineapple£6.20
- Chicken in Black Pepper Sauce£6.20
- Chicken with Bamboo Shoots & Chinese Mushroom£6.20
- Kung Po Chicken£6.20
- Chicken with Bamboo Shoots & Water Chestnuts£6.20
- Chicken with Tomatoes & Garlic Sauce£6.20
- Chicken with Lemon Sauce£6.30
- Crispy Chicken Peking Style£6.30
- Chicken in Plum Sauce£6.30
- Crispy Chicken with Sweet Chilli Sauce£6.30
- Crispy Chicken in Honey Roast Sauce£6.30
- Chicken with Mango Flavour Peking Sauce£6.30

BEEF DISHES (Large) 牛肉類

- Beef with Onion & Garlic Sauce£6.40
- Beef with Ginger & Spring Onion£6.40
- Beef with Bamboo Shoots & Chinese Mushroom£6.40

**BEF & MIXED VEGETABLES**£6.40

- Beef & Mushroom£6.40
- Beef & Cashew Nuts£6.40
- Beef in Satay Sauce£6.40
- Beef with Green Pepper in Black Bean Sauce£6.40
- Beef in Black Pepper Sauce£6.40
- Beef in Oyster Sauce£6.40
- Beef Szechuan Style£6.40
- Beef with Tomatoes & Garlic Sauce£6.40
- Beef with Bamboo Shoots & Water Chestnuts£6.40
- Beef with Pineapple£6.40
- Crispy Beef Cantonese Style£6.70
- Crispy Hot Shredded Beef & Carrot£6.70
- Kung Po Beef£6.40
- Crispy Beef in Honey Roast Sauce£6.70
- Crispy Beef in Mango Flavour Peking Sauce£6.70

KING PRAWN (Large) 大蝦類

- King Prawn with Ginger & Spring Onion£6.60
- King Prawn with Bamboo Shoots & Chinese Mushroom£6.60
- King Prawn with Bamboo Shoots & Water Chestnuts£6.60
- King Prawn in Satay Sauce£6.60
- King Prawn with Mushroom£6.60
- King Prawn with Cashew Nuts£6.60
- King Prawn in Black Pepper Sauce£6.60

**KING PRAWN WITH GREEN PEPPER IN BLACK BEAN SAUCE**£6.60

- King Prawn Mixed Vegetables£6.60
 - King Prawn Szechuan Style£6.60
 - King Prawn with Tomatoes & Garlic Sauce£6.60
 - Kung Po King Prawn£6.60
 - King Prawn in Spicy Garlic Sauce£6.60
 - Crispy King Prawn in Spicy Garlic Sauce£6.60
 - King Prawn in Sweet Chilli Sauce£6.60
- ROAST PORK** (Large) 叉燒類
- Roast Pork Chinese Style£6.30
 - Roast Pork Szechuan Style£6.30
 - Roast Pork with Mushroom£6.30
 - Roast Pork Mixed Vegetables£6.30
 - Roast Pork with Green Pepper in Black Bean Sauce£6.30
 - Honey Roast Pork£6.30
 - Crispy Pork Peking Style£6.30

DUCK DISHES (Large) 鴨類

- Duck with Green Pepper in Black Bean Sauce£6.80
- Duck with Mushroom£6.80
- Duck with Pineapple£6.80
- Duck with Bamboo Shoots & Water Chestnuts£6.80
- Duck with Mixed Vegetables£6.80
- Duck with Bamboo Shoots & Chinese Mushroom£6.80
- Duck in Plum Sauce£6.80

**DUCK IN ORANGE SAUCE**£6.80

- Roast Duck Chinese Style£6.80
- Duck Szechuan Style£6.80
- Sweet & Sour Duck Cantonese Style£6.80

CHOP SUEY (Large) 什水類

- House Special Chop Suey£6.20
- Chicken Chop Suey£6.00
- Beef Chop Suey£6.00
- Roast Pork Chop Suey£6.00
- King Prawn Chop Suey£6.40
- Shrimp Chop Suey£6.00
- Mushroom Chop Suey£5.00

FOO YOUNG (Large) 芙蓉類

- House Special Foo Young£6.30
- Chicken Foo Young£6.10
- King Prawn Foo Young£6.60
- Prawn Foo Young£6.10
- Roast Pork Foo Young£6.10
- Mushroom Foo Young£6.80
- Plain Foo Young£5.50

OMELETTE DISHES 電列類

- (All Served with Chips)
- House Special Omelette£6.60
 - Chicken Omelette£6.30
 - Roast Pork Omelette£6.30
 - King Prawn Omelette£6.80
 - Prawn Omelette£6.30
 - Ham Omelette£6.30
 - Mushroom Omelette£5.90
 - Plain Egg Omelette£5.80



THAI DISHES 泰類

225. Special Thai Red Curry£6.80
(Traditional Thai Curry Cooked with Coconut Cream & Milk)
226. Chicken Thai Red Curry£6.30
227. Beef Thai Red Curry£6.30
228. King Prawn Thai Red Curry£6.70
229. Special Thai Green Curry£6.70
230. Chicken Thai Green Curry£6.30
231. Beef Thai Green Curry£6.30
232. King Prawn Thai Green Curry£6.70
233. Crispy Squid in Thai Sweet Chilli Sauce£6.80

VEGETARIAN DISHES 齋菜類

239. Beansprouts£4.20
240. Mushrooms£4.20
241. Onions£4.00
242. Bamboo Shoots & Water Chestnuts.....£4.30
243. Mixed Vegetables£4.30
244. Vegetables in Satay Sauce£4.50
245. Vegetables Szechuan Style£4.50
246. Sweet & Sour Mixed Vegetables£4.50
247. Vegetables in Black Bean Sauce£4.50

TOFU DISHES (Beancurd) (Large) 豆腐類

249. Tofu Szechuan Style£5.90
250. Tofu with Green Pepper in Black Bean Sauce£5.90
251. Tofu in Peking Sauce£5.90
252. Tofu with Satay Sauce£5.90
253. Tofu in Honey Roast Sauce.....£5.90
254. Tofu in Sweet & Sour Sauce£5.90

EXTRA PORTIONS 其它類

255. Chips *Standard* £2.70 *Large* £3.20
256. Tray Chip & Sauce
Small £3.30 *Large* £3.80
(Curry, BBQ Or Sweet & Sour Only)
257. Chicken Breast£4.50
258. Fish Cake.....£1.90
259. Jumbo Sausage.....£1.90
260. Jumbo Sausage in Batter£2.00
261. Small Sausage£1.40
262. Small Sausage in Batter.....£1.50
263. Onion Rings (10)£2.20
264. Chicken Nuggets (5)£2.30
265. Curry (Extra Hot +10p)£2.20
266. Barbecue Sauce£2.20
267. Sweet & Sour Sauce£2.20
268. Honey Roast Sauce£2.50
269. Peking Sauce£2.50
270. Satay Sauce£2.50
271. Gravy Sauce£2.20
272. Poppadoms£1.60
273. Prawn Crackers.....£2.00
274. Can of Soft Drink£1.40
(Coke, Diet Coke, Pepsi, Dr Pepper, Fanta Lemon, 7UP)
275. Bottle of Drink (Coke / Diet Coke)£2.90

CHEF'S RECOMMENDATION 廚師推介

276. Mixed Meat in Black Bean Sauce£6.40
277. Mixed Meat with Mushroom.....£6.40
278. Crispy Chicken with Ginger & Sweet Sauce£6.30
279. Japanese Style Chicken Curry.....£6.20

SPECIAL COMBINATION

(Choice of Sauce: Curry, BBQ or Sweet & Sour Sauce)

- S1. Fried Rice & Sauce *Small* £3.80 *Large* £4.70
- S2. Noodle & Sauce *Small* £3.90 *Large* £4.80
- S3. Fried Rice & Chips with Sauce£4.60
- S4. Fried Rice & Noodle with Sauce.....£5.20
- S5. Noodle & Chips with Sauce£5.00
- S6. 5 Chicken Balls with Chips & Sauce.....£6.20
- S7. 5 Chicken Balls with Fried Rice & Sauce.....£6.30
- S8. 5 Chicken Balls with Noodle & Sauce.....£6.40
- S9. 5 Chicken Balls with Fried Rice, Chips & Sauce.....£6.30
- S10. 5 Chicken Balls with Noodle, Chips & Sauce.....£6.40
- S11. Crispy Beef Cantonese Style with Fried Rice & Chips£6.60
- S11A. Crispy Hot Shredded Beef with Fried Rice & Chips£6.60
- S12. Sweet & Sour Chicken Cantonese Style with Fried Rice & Chips.....£6.60
- S13. Beef in Black Bean Sauce with Fried Rice & Chips£6.60
- S14. Chicken Curry with Fried Rice & Chips£6.30
- S15. Beef Curry with Fried Rice & Chips£6.30
- S18. Sweet & Sour Chicken Cantonese Style with BBQ Spare Ribs & Fried Rice...£7.30
- S20. Crispy Beef Cantonese Style with Chicken Balls & Fried Rice.....£7.20
- S20A. Crispy Hot Shredded Beef with Chicken Balls & Fried Rice£7.20
- S21. 5 Chicken Balls with Rice, Noodle & Sauce.....£6.80
- S22. Crispy Chicken Peking Sauce with Chicken Balls & Fried Rice£7.30
- S23. Crispy Chicken Honey Roast Sauce with Chicken Balls & Fried Rice£7.30

SPECIAL SET MEALS

A1 FOR KID'S £6.30

- Chips
Chicken Nuggets (3)
Mini Spring Rolls (3)
1 Small Sausage
1 Pot of Sauce (Curry, BBQ or Sweet & Sour)

A FOR ONE PERSON £10.40

- Sweet & Sour Chicken Balls (5)
Chicken Curry
Egg Fried Rice (Standard)

B FOR ONE PERSON £12.50

- Mini Spring Rolls
Beef & Mushrooms
Pot of Sauce (Curry / BBQ or Sweet & Sour)
Young Chow Fried Rice (Standard)

C FOR TWO PERSONS £22.50

- Pancake Rolls (2)
Sweet & Sour Chicken Balls (6)
Chicken with Green Pepper in Black Bean Sauce
Beef & Mushrooms
Young Chow Fried Rice (Large)

D FOR THREE PERSONS £33.00

- Seaweed & Sesame Prawn Toast
Honey Roast Spare Ribs
Sweet & Sour Chicken Cantonese Style
Beef with Bamboo Shoots & Water Chestnuts
King Prawn with Green Pepper in Black Bean Sauce
Young Chow Fried Rice (2 Small)

ALLERGY ADVICE

Most of our dishes contain GARLIC, SOYA, GLUTEN, COOKING WINE & SESAME OIL. Some of our dishes may contain these 14 allergens as follows:



If you have any allergies to these products please inform us before ordering. We will do our best to advise you.



Rainbow

Chinese Take Away

13 Pwllgwaun Road, Pontypridd, CF37 1HH

☎ :01443 400 369

TELEPHONE ORDERS WELCOME

Home Delivery
Service Available

Minimum Orders £10.00
(Delivery Charge Applies)

Open 6 Days A Week

Monday - CLOSED
Tuesday - Sunday
5:00PM - 11:00PM

- FREE Poppadoms
on Orders over £11
- FREE Prawn Crackers
on Orders over £16
- FREE Mini Spring Rolls
on Orders over £20
- FREE Bottle of Coke
on Orders over £29
- FREE Choice of 1 Dish
on Orders over £45
(From No 24 - 177)
(Not Including Delivery Charge)



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