



Starters / Appetisers 头盘

- Mix Appetisers £7.60
BBQ Spare Ribs (2), Chicken Skewered (2), Spring Rolls (4), Prawn Toast (2) & Seaweed
- Salt & Chilli Special Mixed 🌶️... £8.90
Mini Spring Rolls (3), Chicken Balls (3), Salt & Chilli Shredded Beef, Salt & Chilli Spare Ribs (3), Salt & Chilli Chips, Seaweed, Pot of Sauce (Curry, BBQ or Sweet & Sour)
- Chicken Pancake Rolls (4)..... £2.80
- Sesame Prawn Toast (6) £4.50
- Seaweed (Vegetable Leaf) £3.90
- 5a. Seaweed & Sesame Prawn Toast (4) £4.30
- Satay Chicken Skewered (4) 🌶️... £4.80
- Smoked Chicken 🌶️..... £4.90
- Pancake Rolls (2) £2.70
- Mini Spring Rolls (10) 🌱..... £2.90
- Crispy Aromatic Duck (1/4) £7.70
..... (1/2) £14.70
- Grilled Chicken Dumplings (6).. £5.00
- Grilled Pork Dumplings (6)..... £5.10
- Pineapple Fritters 🌱..... £2.50
- Banana Fritters 🌱..... £2.50

Soups 汤类

- Chicken Mushroom Soup £2.40
- Chicken Noodle Soup..... £2.30
- Hot & Sour Soup 🌶️..... £2.70
- Chicken Sweetcorn Soup £2.40
- Crab Sticks Sweetcorn Soup.... £2.40
- Won Ton Soup..... £2.70

Chicken Wings 鸡翅类

- Chicken Wings with BBQ Sauce £4.20
- Chicken Wings with Honey Roast Sauce..... £4.20
- Chicken Wings with Peking Sauce 🌶️ £4.20

Salt & Chilli Dishes 椒盐类

- Salt & Chilli Chicken 🌶️..... £4.90
- Salt & Chilli King Prawns 🌶️ £5.40
- Salt & Chilli Squid 🌶️ £5.40
- Salt & Chilli Chicken Wings 🌶️... £4.20
- Salt & Chilli Spare Ribs 🌶️..... £5.50
- Salt & Chilli Shredded Beef 🌶️... £5.40
- Salt & Chilli Chips 🌶️🌱..... £2.90
- Salt & Chilli Tofu 🌶️🌱..... £4.60

Ribs Dishes 排骨

- Barbecued Spare Ribs £5.50
- Peking Spare Ribs 🌶️..... £5.50
- Honey Roast Spare Ribs £5.50
- Sweet & Sour Spare Ribs £5.50



🌶️ Hot & Spicy 🌱 Contain Nuts
🌱 Vegetarian Dishes

Sweet & Sour 咕咾类

- Sweet & Sour Chicken Balls (10) £5.00
- 45a. Sweet & Sour Chicken Balls (5) £2.60
46. Sweet & Sour King Prawn Balls (10) £5.40
- 46a. Sweet & Sour King Prawn Balls (5) £2.80
47. Sweet & Sour Chicken Cantonese Style..... £5.00
48. Sweet & Sour King Prawn Cantonese Style..... £5.50
49. Sweet & Sour Mixed Vegetables 🌱 £3.50

Rice Dishes (Large) 炒饭类

52. House Special Fried Rice..... £5.30
53. Mixed Meat Fried Rice..... £5.40
54. Chicken Fried Rice..... £4.90
55. Beef Fried Rice £4.90
56. Roast Pork Fried Rice £4.90
57. Ham Fried Rice..... £4.90
58. King Prawn Fried Rice £5.30
59. Shrimp Fried Rice..... £4.90
60. Mushroom Fried Rice 🌱..... £4.30
61. Mixed Vegetable Fried Rice 🌱... £4.30
62. Roast Duck Fried Rice £5.40
63. Singapore Fried Rice 🌶️..... £5.00
64. Young Chow Fried Rice..... £4.90
65. Pineapple Fried Rice 🌱..... £4.20
66. Fried Rice 🌱 Small £2.60 Large £3.40
67. Boiled Rice 🌱 Small £2.10 Large £2.80

Chow Mein Dishes 炒面类

- (Noodles) (Large)
70. House Special Chow Mein £5.30
 71. Mixed Meat Chow Mein £5.40
 72. Chicken Chow Mein £4.90
 73. Beef Chow Mein..... £4.90
 74. Roast Duck Chow Mein £5.40
 75. Roast Pork Chow Mein..... £4.90
 76. King Prawn Chow Mein..... £5.40
 77. Shrimp Chow Mein..... £4.90
 78. Mushroom Chow Mein 🌱..... £4.60
 79. Vegetable Chow Mein 🌱..... £4.60
 80. Singapore Chow Mein 🌶️ £5.00
 81. Noodle & Beansprouts 🌱
Standard.....£2.70 Large..... £3.60
 82. Plain Noodle 🌱 (Noodle Only)
Standard.....£2.80 Large..... £3.70

Vermicelli 米粉类

- (Rice Noodle)(Large)
85. House Special Vermicelli..... £5.50
 86. Chicken Vermicelli..... £5.00
 87. Roast Duck Vermicelli..... £5.40
 88. Roast Pork Vermicelli £5.00
 89. Vegetable Vermicelli 🌱 £4.50
 90. Singapore Vermicelli 🌶️..... £5.20

Curry Dishes (Large) 咖喱类

93. House Special Curry 🌶️..... £4.90
94. Chicken Curry 🌶️..... £4.70
95. Beef Curry 🌶️..... £4.70
96. Roast Pork Curry 🌶️..... £4.70
97. King Prawn Curry 🌶️ £5.20

98. Prawn Curry 🌶️ £4.70
99. Roast Duck Curry 🌶️..... £5.30
100. Chicken & Mushroom Curry 🌶️ . £4.70
101. Beef & Mushroom Curry 🌶️..... £4.70
102. Mixed Vegetable Curry 🌶️..... £3.70
103. Mushroom Curry 🌶️..... £3.90

Chicken Dishes (Large) 鸡肉类

105. Roast Chicken Chinese Style ... £4.90
106. Chicken & Mixed Vegetables ... £4.90
107. Chicken with Green Pepper in Black Bean Sauce 🌶️..... £5.00
108. Chicken Szechuan Style 🌶️ £5.00
109. Chicken in Satay Sauce 🌶️ £5.00
110. Chicken & Cashew Nuts 🌶️..... £5.00
111. Chicken & Mushroom £4.90
112. Chicken with Ginger & Spring Onion £5.00
113. Chicken & Pineapple..... £4.90
114. Chicken in Black Pepper Sauce 🌶️ £5.00
115. Chicken with Bamboo Shoots & Chinese Mushroom £4.90
116. Kung Po Chicken 🌶️ £5.00
117. Chicken with Bamboo Shoots & Water Chestnuts £5.00
118. Chicken with Tomatoes & Garlic Sauce..... £5.00
119. Chicken with Lemon Sauce..... £5.00
120. Crispy Chicken Peking Style 🌶️ . £5.00
121. Chicken in Plum Sauce £5.00
122. Crispy Chicken with Sweet Chilli Sauce 🌶️ £5.00

123. Crispy Chicken in Honey Roast Sauce..... £5.00
124. Chicken with Mango Flavour Peking Sauce..... £5.00

Beef Dishes (Large) 牛肉类

128. Beef with Onion & Garlic Sauce £5.00
129. Beef with Ginger & Spring Onion £5.00
130. Beef with Bamboo Shoots & Chinese Mushroom £5.00
131. Beef & Mixed Vegetables..... £5.00
132. Beef & Mushroom £5.00
133. Beef & Cashew Nuts 🌶️ £5.00
134. Beef in Satay Sauce 🌶️..... £5.00
135. Beef with Green Pepper in Black Bean Sauce 🌶️ £5.00
136. Beef in Black Pepper Sauce 🌶️ . £5.00
137. Beef in Oyster Sauce £5.00
138. Beef Szechuan Style 🌶️..... £5.00
139. Beef with Tomatoes & Garlic Sauce £5.00
140. Beef with Bamboo Shoots & Water Chestnuts £5.00
141. Beef with Pineapple £5.00
142. Crispy Beef Cantonese Style.... £5.30
143. Crispy Hot Shredded Beef & Carrot 🌶️ £5.30
144. Kung Po Beef 🌶️..... £5.00
145. Crispy Beef in Honey Roast Sauce £5.30
146. Crispy Beef in Mango Flavour Peking Sauce..... £5.30

King Prawn (Large) 大虾类

148. King Prawn with Ginger & Spring Onion £5.40
149. King Prawn with Bamboo Shoots & Chinese Mushroom £5.40
150. King Prawn with Bamboo Shoots & Water Chestnuts £5.40
151. King Prawn in Satay Sauce 🌶️ ... £5.40
152. King Prawn with Mushroom £5.40
153. King Prawn with Cashew Nuts 🌶️ £5.40
154. King Prawn in Black Pepper Sauce 🌶️ £5.40
155. King Prawn with Green Pepper in Black Bean Sauce 🌶️..... £5.40
156. King Prawn Mixed Vegetables . £5.40
157. King Prawn Szechuan Style 🌶️... £5.40
158. King Prawn with Tomatoes & Garlic Sauce £5.40
159. Kung Po King Prawn 🌶️..... £5.40
160. King Prawn in Spicy Garlic Sauce 🌶️ £5.40
161. Crispy King Prawn in Spicy Garlic Sauce 🌶️ £5.40
162. King Prawn in Sweet Chilli Sauce 🌶️ £5.40

Roast Pork (Large) 叉烧类

171. Roast Pork Chinese Style..... £4.90
172. Roast Pork Szechuan Style 🌶️... £4.90
173. Roast Pork with Mushroom..... £4.90
174. Roast Pork Mixed Vegetables.. £4.90
175. Roast Pork with Green Pepper in Black Bean Sauce 🌶️..... £4.90
176. Honey Roast Pork £4.90
177. Crispy Pork Peking Style 🌶️ £4.90

Duck Dishes (Large) 烧鸭类

180. Duck with Green Pepper in Black Bean Sauce 🌶️..... £5.40
181. Duck with Mushroom £5.40
182. Duck with Pineapple £5.40
183. Duck with Bamboo Shoots & Water Chestnuts £5.40
184. Duck with Mixed Vegetables.... £5.40
185. Duck with Bamboo Shoots & Chinese Mushroom £5.40
186. Duck in Plum Sauce..... £5.40
187. Duck in Orange Sauce £5.40
188. Roast Duck Chinese Style £5.40
189. Duck Szechuan Style 🌶️..... £5.40

Chop Suey (Large) 什水类

197. House Special Chop Suey £5.10
198. Chicken Chop Suey £4.90
199. Beef Chop Suey..... £4.90
200. Roast Pork Chop Suey £4.90
201. King Prawn Chop Suey..... £5.30
202. Shrimp Chop Suey £4.90
203. Mushroom Chop Suey 🌱..... £3.90

Foo Young (Large) 芙蓉类

206. House Special Foo Young £5.10
207. Chicken Foo Young £4.90
208. King Prawn Foo Young..... £5.30
209. Prawn Foo Young..... £4.90
210. Roast Pork Foo Young..... £4.90
211. Mushroom Foo Young 🌱..... £4.60
212. Plain Foo Young 🌱..... £4.30



Omelette Dishes 卷力类

- (All Served with Chips)
- 215. House Special Omelette..... £5.20
 - 216. Chicken Omelette..... £4.90
 - 217. Roast Pork Omelette..... £4.90
 - 218. King Prawn Omelette..... £5.40
 - 219. Prawn Omelette..... £4.90
 - 220. Ham Omelette..... £4.90
 - 221. Mushroom Omelette..... £4.50
 - 222. Plain Egg Omelette..... £4.40

Thai Dishes 泰类

- 225. Special Thai Red Curry..... £5.50
(Traditional Thai Curry Cooked with Coconut Cream & Milk)
- 226. Chicken Thai Red Curry..... £5.00
- 227. Beef Thai Red Curry..... £5.00
- 228. King Prawn Thai Red Curry..... £5.40
- 229. Special Thai Green Curry..... £5.40
- 230. Chicken Thai Green Curry..... £5.00
- 231. Beef Thai Green Curry..... £5.00
- 232. King Prawn Thai Green Curry..... £5.40
- 233. Crispy Squid with Thai Sweet Chilli Sauce..... £5.40

Vegetarian Dishes 斋菜类

- 239. Beansprouts..... £3.20
- 240. Mushrooms..... £3.20
- 241. Onions..... £3.00
- 242. Bamboo Shoots & Water Chestnuts..... £3.20
- 243. Mixed Vegetables..... £3.20
- 244. Vegetables in Satay Sauce..... £3.40
- 245. Vegetables Szechuan Style..... £3.70

Tofu Dishes 豆腐类

- (Beancurd) (Large)
- 249. Tofu Szechuan Style..... £4.60
 - 250. Tofu with Green Pepper in Black Bean Sauce..... £4.60
 - 251. Tofu in Peking Sauce..... £4.60
 - 252. Tofu with Satay Sauce..... £4.60
 - 253. Tofu in Honey Roast Sauce..... £4.60
 - 254. Tofu in Sweet & Sour Sauce..... £4.60

Extra Portions 其它类

- 255. Chips..... Standard £1.70 Large £2.20
- 256. Tray Chip & Sauce..... Small £2.20 Large £2.70
(Curry, BBQ Or Sweet & Sour Only)
- 257. Chicken Breast..... £2.90
- 258. Fish Cake..... £1.00
- 259. Jumbo Sausage..... £1.10
- 260. Jumbo Sausage in Batter..... £1.20
- 261. Small Sausage..... £0.70
- 262. Small Sausage in Batter..... £0.80
- 263. Onion Rings (10)..... £1.40
- 264. Chicken Nuggets (5)..... £1.50
- 265. Curry (Extra Hot + 10p)..... £1.60
- 266. Barbecue Sauce..... £1.60
- 267. Sweet & Sour Sauce..... £1.60
- 268. Honey Roast Sauce..... £1.90
- 269. Pekinese Sauce..... £1.90
- 270. Satay Sauce..... £1.90
- 271. Gravy Sauce..... £1.60
- 272. Poppadoms..... £1.10
- 273. Prawn Crackers..... £1.60
- 274. Can of Soft Drink..... £1.00
(Coke, Diet Coke, Pepsi, Dr Pepper, Fanta Lemon, 7UP)
- 275. Bottle of Drink (Coke / Diet Coke)..... £2.30

Special Combination

(Choice of Sauce: Curry, BBQ or Sweet & Sour Sauce)

- S1. Fried Rice & Sauce..... Small £2.70 Large £3.60
- S2. Noodle & Sauce..... Small £2.80 Large £3.70
- S3. Fried Rice & Chips with Sauce..... £3.50
- S4. Fried Rice & Noodle with Sauce..... £4.10
- S5. Noodle & Chips with Sauce..... £3.90
- S6. 5 Chicken Balls with Chips & Sauce..... £4.90
- S7. 5 Chicken Balls with Fried Rice & Sauce..... £5.00
- S8. 5 Chicken Balls with Noodle & Sauce..... £5.10
- S9. 5 Chicken Balls with Fried Rice, Chips & Sauce..... £5.00
- S10. 5 Chicken Balls with Noodle, Chips & Sauce..... £5.10
- S11. Crispy Beef Cantonese Style with Fried Rice & Chips..... £5.40
- S11A. Crispy Hot Shredded Beef with Fried Rice & Chips..... £5.40
- S12. Sweet & Sour Chicken Cantonese Style with Fried Rice & Chips..... £5.40
- S13. Beef in Black Bean Sauce with Fried Rice & Chips..... £5.40
- S14. Chicken Curry with Fried Rice & Chips..... £5.10
- S15. Beef Curry with Fried Rice & Chips..... £5.10
- S16. Szechuan Chicken with Chicken Balls & Noodle..... £6.20
- S17. Szechuan Beef with Chicken Balls & Fried Rice..... £6.20
- S18. Sweet & Sour Chicken Cantonese Style with BBQ Spare Ribs & Fried Rice..... £6.20
- S20. Crispy Beef Cantonese Style with Chicken Balls & Fried Rice..... £6.20
- S20A. Crispy Hot Shredded Beef with Chicken Balls & Fried Rice..... £6.20
- S21. 5 Chicken Balls with Rice, Noodle & Sauce..... £5.50
- S22. Crispy Chicken Peking Sauce with Chicken Balls & Fried Rice..... £6.30
- S23. Crispy Chicken Honey Roast Sauce with Chicken Balls & Fried Rice..... £6.30

Special Set Meals

- A FOR ONE PERSON £8.30**
Sweet & Sour Chicken Balls (5)
Chicken Curry
Egg Fried Rice (Standard)
- B FOR ONE PERSON £9.90**
Mini Spring Rolls
Beef & Mushrooms
Pot of Sauce (Curry / BBQ or Sweet & Sour)
Young Chow Fried Rice (Standard)
- C FOR TWO PERSONS £18.90**
Pancake Rolls (2)
Sweet & Sour Chicken Balls (6)
Chicken with Green Pepper in Black Bean Sauce
Beef & Mushrooms
Young Chow Fried Rice (Large)
- D FOR THREE PERSONS £27.50**
Seaweed & Sesame Prawn Toast
Honey Roast Spare Ribs
Sweet & Sour Chicken Cantonese Style
Beef with Bamboo Shoots & Water Chestnuts
King Prawn with Green Pepper in Black Bean Sauce
Young Chow Fried Rice (2 Small)

ALLERGY ADVICE

Most of our dishes contain **GARLIC, SOYA, GLUTEN, COOKING WINE & SESAME OIL**. Some of our dishes may contain these 14 allergens as follows:



If you have any allergies to these products please inform us before ordering. We will do our best to advise you.

彩 RAINBOW 虹

Chinese Take Away

13 Pwllgwaun Road, Pontypridd, CF37 1HH

OPENING TIMES
Monday - CLOSED
Open ALL
Bank Holiday Monday
Tuesday - Sunday
4:30PM - 11PM

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Cash Only



HOME DELIVERY SERVICE AVAILABLE
Minimum Orders £8.00
(Delivery Charge Applies)

- FREE POPPADOMS**
For Orders over £9.00
- FREE PRAWN CRACKERS**
For Orders over £16.00
- FREE MINI SPRING ROLLS**
For Orders over £20.00
- FREE BOTTLE OF CAKE**
For Orders over £25.00
- FREE CHOICE OF 1 DISH**
(From No 24 - 177)
For Orders over £35.00
(Not Including Delivery Charge)



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